

BATCH 2020-21

TIME TABLE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY/SLOW LERNER/RIVISION DAY
09:00--10:00	CLINICAL CLASSES	CLINICAL CLASSES	CLINICAL CLASSES	CLINICAL CLASSES	CLINICAL CLASSES	CLINICAL CLASSES
10:00-11:00	PANCHKARMA	PANCHKARMA	PANCHKARMA	PANCHKARMA	RESEARCH METHODOLOGY	STATISTICS
	DR. R. K. SINGH	DR. MAYUR	DR. RAHUL	DR. RAVI RAJ	DR. ANAND	MR. ANSHUMAN
11:00--12:00	KAYA CHIKITISA	KAYA CHIKITISA	KAYA CHIKITISA	KAYA CHIKITISA	KAYA CHIKITISA	KAYA CHIKITISA
	DR. AMIT	DR. PRABHA	DR. ASHWATHY	DR. ASHWATHY	DR. PRABHA	DR. PRABHA
12:00--01:00	SHALAKYA TANTRA	SHALAKYA TANTRA	SHALAKYA TANTRA	SHALAKYA TANTRA	SHALAKYA TANTRA	SHALAKYA TANTRA
	DR. AJOY	DR. AJOY	DR. AJOY	DR. PRASHANT	DR. PRASHANT	DR. PRASHANT
01:00--02:00	LUNCH BREAK					
02:00--03:00	KAYA CHIKITISA	KAYA CHIKITISA	KAYA CHIKITISA	KAYA CHIKITISA	KAYA CHIKITISA	KAYA CHIKITISA
	DR. VISHALA	DR. VISHALA	DR. TANVEER	DR. UTKARSH NEHRA	DR. ASHWATHY	DR. UTKARSH NEHRA
03:00--04:00	SHALYA TANTRA	SHALYA TANTRA	SHALYA TANTRA	SHALYA TANTRA	SHALYA TANTRA	SHALYA TANTRA
	DR. JAVED AKHTAR	DR. TRIVENDRA	DR. MUHIT KHAN	DR. JAVED AKHTAR	DR. TRIVENDRA	DR. MUHIT KHAN

MONTH	KAYACHIKITSA	SHALYA TANTRA	SHALAKYA	PANCHKARMA
JUNE	BATCH-A	BATCH-B	BATCH-C	BATCH-D
JULY	BATCH-B	BATCH-C	BATCH-D	BATCH-A
AUG	BATCH-C	BATCH-D	BATCH-A	BATCH-B
SEP	BATCH-D	BATCH-A	BATCH-B	BATCH-C
OCT	BATCH-A	BATCH-B	BATCH-C	BATCH-D
NOV	BATCH-B	BATCH-C	BATCH-D	BATCH-A
DEC	BATCH-C	BATCH-D	BATCH-A	BATCH-B
JAN	BATCH-D	BATCH-A	BATCH-B	BATCH-C
FEB	BATCH-A	BATCH-B	BATCH-C	BATCH-D
MAR	BATCH-B	BATCH-C	BATCH-D	BATCH-A
APR	BATCH-C	BATCH-D	BATCH-A	BATCH-B
MAY	BATCH-D	BATCH-A	BATCH-B	BATCH-C

ROLL NO.- BAMS 1ST Prof.(2020-21)	GROUP ALLOTTED
BATCH-A	1-25
BATCH-B	26-50
BATCH-C	51-75
BATCH-D	76-97

NOTE- CLINICAL CLASSES OR PRACTICAL WILL BE CONDUCTED AS PER MONTH WISE ROTATION OF BATCH A,B,C, D

BATCH 2021-22

TIME TABLE

TIME	SUBJECT	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY/SLOW LERNER/RIVISION DAY
10-10:45	SWASTHVRITTA	DR ANAND	DR ANAND	DR RAHUL/DR ANAND	DR SHUBHANGI	DR VINIT/DR SHUBHANGI	DR SHUBHANGI
10:45-11:30	DRAVYAGUNA	DR ANJANA	DR ANJANA	DR ANJANA	DR RITU	DR SHILPA/DR RITU	DR RITU
11:30-12:15	ROGNIDAN/S.A. 2	DR RANA	DR RANA	DR PINKU	DR SACHIN/DR PINKU	DR. VIJAY SAH	DR PINKU
12:15-1:00	S.A. 2/RASA SHASTRA/DRAVYAGUNA	DR SAGRIKA	DR SAGRIKA	DR SAGRIKA	DR. SHIVANI	DR VARSHA	DR ANJANA
1:00-2:00	LUNCH	L	U	N	C	H	
2:00-2:45	S.A. 2/AGADTANTRA/ROGNIDAN	DR. HEMANG	DR. HEMANG	DR. ABHISHEK RANA	DR. HEMANG	DR, CHANDAN	DR CHANDAN
2:45-3:30	RASASHASTRA / AGADTANTRA	DR SURNDERA	DR SURNDERA	DR VARSHA/DR SURNDERA	DR VIJAY	SAMHITA ADHYAYAN (DR. SAGRIKA JAGGI)	DR VIJAY
3:30-5:00	NLH	NLH	NLH	NLH	NLH	NLH	NLH
3:30-5:00	ROGNIDANA	DR. SACHIN GARG/DR. ABHISHEK RANA	DR. ABHISHEK RANA	DR. ABHISHEK RANA	DR. PINKU PHOGAT	DR. PINKU PHOGAT	DR. PINKU PHOGAT /DR. SACHIN GARG
3:30-5:00	DRAVYAGUNA	DR. ANJANA	DR. RITU	DR. RITU	DR. RITU	DR. ANJANA	DR. RITU
3:30-5:00	RASASHASTRA	DR. VARSHA	DR. SHIVANI	DR. VARSHA	DR. SHIVANI	DR. SURENDRA	DR. SHIVANI
3:30-5:00	SWASTHVRITTA	DR. VINIT /DR. SHUBHANGI	DR. SHUBHANGI	DR. SHUBHANGI	DR. ANAND	DR. ANAND	DR. ANAND
3:30-5:00	AGADTANTRA	DR. VIJAY SAH	DR. VIJAY SAH	DR. VIJAY SAH	DR. CHANDAN	DR. CHANDAN	DR. CHANDAN
3:30-5:00	SAMHITA ADHYAYAN 2	DR. HEMANG	DR. HEMANG	DR. SAGRIKA	DR. HEMANG	DR. SAGRIKA	DR. SAGRIKA

NON TEACHING HOURS BAMS Second Year 2021-22 Batch						
ROLL NO	Date 1-5	Date 6-10	Date 11-15	Date 16-20	Date 21-25	Date 26- Till month ends
SUBJECT	Time 03:30 PM TO -05:00 PM					
Rog Nidan	A-Group	B-Group	C -Group	D-Group	E-Group	F-Group
Dravyaguna	B-Group	C -Group	D-Group	E-Group	F-Group	A-Group
Rasa Bhaishajya	C-Group	D-Group	E- Group	F-Group	A-Group	B-Group
Swastha Vritta	D-Group	E-Group	F-Group	A-Group	B-Group	C-Group
Agadatantra	E-Group	F-Group	A-Group	B-Group	C-Group	D-Group
Samhita Adhyayana	F-Group	A-Group	B-Group	C-Group	D-Group	E-Group

BATCH 2022-23**TIME TABLE**

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY/SLOW LERNER/RIVISION DAY
09:00--10:00	RASA SHASTRA (NLH)	RASA SHASTRA (LH)	ROGNIDAN (NLH)	ROGNIDAN (LH)	SWASTH VRITTA (NLH)	SWASTH VRITTA (NLH)
	DR. SHIVANI KOTWAL	DR. SHIVANI KOTWAL	DR. PINKU PHOGAT	DR. PINKU PHOGAT	DR. SHUBHANGI	DR. SHUBHANGI
10:00-11:00	SWASTH VRITTA (LH)	SWASTH VRITTA (LH)	SWASTH VRITTA (LH)	SWASTH VRITTA (NLH)	AGAD TANTRA (LH)	AGAD TANTRA (LH)
	DR. SHUBHANGI	DR. RAHUL KUMAR	DR. MARUTI ANAND	DR. MARUTI ANAND	DR. CHANDAN	DR. CHANDNI
11:00--12:00	DRAVYAGUNA (LH)	DRAVYAGUNA (NLH)	DRAVYAGUNA (LH)	DRAVYAGUNA (NLH)	DRAVYAGUNA (LH)	DRAVYAGUNA (NLH)
	DR. RITU RAINA	DR. RITU RAINA	DR. ANJANA GOYAL	DR. ANJANA GOYAL	DR. SHILPAKANT	DR. SHILPAKANT
12:00--01:00	SAMHITA ADHYAYANA (LH)	SAMHITA ADHYAYANA (NLH)	AGAD TANTRA (NLH)	SAMHITA ADHYAYANA (LH)	SAMHITA ADHYAYANA (NLH)	SAMHITA ADHYAYANA (NLH)
	DR. HEMANG	DR. HEMANG	DR. VIJAY SAH	DR. SAGRIKA	DR. SAGRIKA	DR. SAGRIKA
01:00--02:00	LUNCH BREAK					
02:00--03:00	AGAD TANTRA (NLH)	ROGNIDAN (LH)	ROGNIDAN (LH)	ROGNIDAN (NLH)	ROGNIDAN (NLH)	ROGNIDAN (NLH)
	DR. VIJAY SAH	DR. ABHISHEK RANA	DR. SACHIN GARG	DR. ABHISHEK RANA	DR. PINKU PHOGAT	DR. PINKU PHOGAT
03:00--04:00	RASA SHASTRA (LH)	RASA SHASTRA (NLH)	RASA SHASTRA (LH)	AGAD TANTRA (NLH)	RASA SHASTRA (NLH)	RASA SHASTRA (NLH)
	DR. VARSHA	DR. VARSHA	DR. SURENDRA VATS	DR. CHANDAN	DR. SURENDRA VATS	DR. SHIVANI KOTWAL

TIME TABLE

TIME	SUBJECT	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY/SLOW LERNER/RIVISION DAY
10-10:45	KRIYA SHRIR	DR.ABHISHEK/DR MONIKA	DR.ABHISHEK	DR MONIKA/DR.ABHISHEK	DR.ABHISHEK	DR.ABHISHEK	DR KULSOOM/DR.ABHISH EK
10:45-11:30	RACHANA SHARIR	DR SAMEER/DR DEEPIKA	DR DEEPIKA/DR SAADIM	DR DEEPIKA	DR SAADIM/DR DEEPIKA	DR DEEPIKA	DR SAMEER/DR DEEPIKA
11:30-12:15	SAMHITA ADHYAYAN 1	DR HEMANT	DR HEMANT	DR HEMANT	DR. VISHALA	DR. VISHALA	DR. VISHALA
12:15-1:00	PADARTH VIGYAN	DR KULGERI	DR KULGERI	DR KULGERI	DR KULGERI	DR KULGERI	DR KULGERI
1:00-2:00	LUNCH	L	U	N	C	H	
2:00-2:45	SANSKRIT AND AYURVED ITIHAS	MR.VIVEK	MR.VIVEK	MR.VIVEK	MR.VIVEK	MR.VIVEK	MR.VIVEK
2:45-3:30	KRIYA SHARIR	DR MEHVISH	DR NAVEEN/DR MEHVISH	DR KULSOOM/DR MEHVISH	SANSKRIT PARAYAN (MR. VIVEK)	DR KULSOOM/DR MEHVISH	DR MEHVISH
3:30-5:00	NLH	NLH	NLH	NLH	NLH	NLH	NLH
3:30-5:00	KRIYA SHARIR	DR. MEHVISH	DR. MEHVISH	DR. KULSUM/DR. MEHVISH	DR.ABHISHEK	DR.ABHISHEK	DR. NAVIN KUMAR/DR. ABHISHEK
3:30-5:00	RACHANA SHARIR	DR. MOHD SADIM/DR. DEEPIKA	DR. MOHD SADIM/DR. DEEPIKA	DR. DEEPIKA	DR. DEEPIKA	DR. DEEPIKA	DR. SAMEER/DR. DEEPIKA
3:30-5:00	SAMHITA ADHYAYAN 1	DR. HEMANT	DR. HEMANT	DR. HEMANT	DR. HEMANT	DR. HEMANT	DR. HEMANT
3:30-5:00	PADARTH VIGYAN	DR. KULAGERI	DR. KULAGERI	DR. KULAGERI	DR. KULAGERI	DR. KULAGERI	DR. KULAGERI
3:30-5:00	SANSKRIT AND AYURVED ITIHAS	MR.VIVEK	MR.VIVEK	MR.VIVEK	MR.VIVEK	MR.VIVEK	MR.VIVEK

NON TEACHING HOURS B.A.M.S. FIRST YEAR (2023-24)

	Date 1-06	Date 07-13	Date 14-19	Date 20 -24	Date-25 To Till End of Month
SUBJECT	Time 03:00 PM TO -05:00 PM				
SHAREERA KRIYA	A-Group	B-Group	C -Group	D-Group	E-GROUP
SHAREERA RACHANA	B-Group	C -Group	D-Group	E-GROUP	A-Group
SAMHITA ADHYAYAN A	C-Group	D-Group	E-GROUP	A-Group	B-Group
PADARTH VIGYAN	D-Group	E-GROUP	A-Group	B-Group	C -Group
Sanskrita	E-GROUP	A-Group	B-Group	C -Group	D-Group
	ROLL NO.- BAMS 1ST Prof.(2023- 24)	GROUP ALLOTTED			
	Roll No 1-20	A-Group			
	Roll No 21-40	B-Group			
	Roll No 41-60	C-Group			
	Roll No 61-80	D-Group			
	Roll No 81-100	E-GROUP			

BATCH 2024-25**TIME TABLE**

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY/SLOW LERNER/RIVISION DAY
09:00--10:00	PADARTH VIGYAN (NLH)	PADARTH VIGYAN (NLH)	RACHANA SHARIR (NLH)	RACHANA SHARIR (NLH)	KRIYA SHARIR (NLH)	KRIYA SHARIR (NLH)
	DR KULGERI	DR KULGERI	DR. MOHD. SAADIM	DR. MOHD. SAADIM	DR. ABHISHEK GOTRA	DR. ABHISHEK GOTRA
10:00-11:00	SAMHITA ADHYAYANA-1 (LH)	SAMHITA ADHYAYANA-1 (LH)	SAMHITA ADHYAYANA-1 (NLH)	SAMHITA ADHYAYANA-1 (NLH)	SAMHITA ADHYAYANA-1 (NLH)	SAMHITA ADHYAYANA-1 (NLH)
	DR. HEMANT	DR. HEMANT	DR. HEMANT	DR. HEMANT	DR. HEMANT	DR. HEMANT
11:00--12:00	KRIYA SHARIR (LH)	KRIYA SHARIR (NLH)	KRIYA SHARIR (NLH)	RACHANA SHARIR (LH)	RACHANA SHARIR (LH)	RACHANA SHARIR (LH)
	DR. ABHISHEK GOTRA	DR. MONIKA	DR. ABHISHEK GOTRA	DR. DEEPIKA	DR. MOHD. SAADIM	DR. DEEPIKA
12:00--01:00	SANSKRIT EVM AYURVED ETIHAAS (LH)	SANSKRIT EVM AYURVED ETIHAAS (LH)	SANSKRIT EVM AYURVED ETIHAAS (LH)	SANSKRIT EVM AYURVED ETIHAAS (NLH)	SANSKRIT EVM AYURVED ETIHAAS (NLH)	SANSKRIT EVM AYURVED ETIHAAS (NLH)
	MR.VIVEK	MR.VIVEK	MR.VIVEK	MR.VIVEK	MR.VIVEK	MR.VIVEK
01:00--02:00	LUNCH BREAK					
02:00--03:00	RACHANA SHARIR (NLH)	RACHANA SHARIR (NLH)	RACHANA SHARIR (NLH)	KRIYA SHARIR (LH)	KRIYA SHARIR (LH)	KRIYA SHARIR (NLH)
	DR. DEEPIKA	DR. MOHD. SAADIM	DR. DEEPIKA	DR. MEHVISH	DR. KULSUM	DR. NAVIN
03:00--04:00	SAMHITA ADHYAYANA-1 (NLH)	LIBRARY / SPORTS	PADARTH VIGYAN (LH)	PADARTH VIGYAN (LH)	PADARTH VIGYAN (NLH)	RACHANA SHARIR (NLH)
	DR. HEMANT		DR KULGERI	DR KULGERI	DR KULGERI	DR. MOHD. SAADIM